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CURRICULUM VITAE

Zahra Yekta

1. Personal Information

Surname: Yekta

Forename: Zahra(Maryam)

Title: M.D, Community Medicine Specialty

Sex: Female

Date of Birth: 22/ 08/ 1969

Place of Birth: Rasht, Iran

Marital status: Single

Iranian Medical Council Registration: 58343

2. Contact Information

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Educational address: Department of Community Medicine, Urmia University of Medical Sciences, Pardis Nazloo, Urmia, Iran

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3. Education and Training

1. **Board of Preventive and Community Medicine**, Isfahan University of Medical Sciences, Iran, (2002)
- 2- **Master of public health**, Isfahan University of Medical Sciences, Iran, (2002)
3. **Doctorate in Medicine**, Meshhad University of Medical Sciences, Iran, (1996)
- 4- **primary and secondary school**, Rasht, Iran(1975-1988)

4. Present Position:

1. **Associated Professor of Preventive and Community Medicine**, Urmia University of Medical Sciences.

Faculty of medicine, Urmia University of Medical Sciences

2. **Society Membership:** Iranian Association of Preventive and Community Medicine.

Attending Workshop:

1. "Clinical evaluation (Including Potfolio, OSCE, DOPS,...), Tehran, Iran, 2008.
2. The first Iranian Advanced International workshop of Evidence- Based Health care (Tabriz –Iran 2007)
3. Educational models based on clinical presentation (Tabriz – Iran 2005)
4. Medical Education (Tehran –Iran 2007)
5. Advanced scientific writing (rasht – Iran 2006)
6. Research methods (Isfahan –Iran)
7. Accreditation of continuing medical education centers (Tehran – Iran 2008)
8. Scientific research in medical education (Urmia –Iran 2005)
9. Assessment of educational progress , Multiple choice question,.....(Urmia _ Iran 2005)
10. Outcome Oriented Planning in medical education (Urmia –Iran 2004)
11. Bed side teaching (Urmia –Iran 2004)
12. Internal evaluation in academic department of medical university (Urmia –Iran 2004)
13. Teaching , planning and evaluation methods (Urmia –Iran 2004)
14. Designing effective objective tests question (Urmia –Iran 2003)

Professional Experience

1. Teaching different courses on *communicable and non communicable diseases epidemiology, Biostatistics, Family planning, Maternal and child health , Basic epidemiology and .public health for medical students(since 2002)*
2. Workshop of "*Scientific Writing* ", Urmia University of Medical Sciences, 2007.
3. Giving lecture in different topics in continuing medical education conferences (Urmia 2002-2009)
4. Working as general practitioner in Rural and Urban areas in Guilan province. (1996-1998)

Scientific Meeting:

1. Member of Scientific Committee of National Congress of Epidemiology, 2007, Urmia, Iran.
2. Member of Scientific Committee of International Congress of Nephrology, 2006, Urmia, Iran.
3. Member of scientific committee of national hematology and oncology congress
4. Member of accreditation council of health of minister for continuing medical education

Directing of Thesis (Medical Student and Postgraduate):

Supervisor:(medical students)

1. "Prevalence of Chronic Fatigue in High School Students in Urmia city", Urmia University of Medical Sciences, 2005
2. "Knowledge, attitude and practice toward Osteoporosis among Teacher in Urmia City", Urmia University of Medical Sciences, 2003
3. "Burden of Cost of Diabetes in Hospitals of Urmia University of Medical Sciences", 2003
4. "Behavioral and Clinical factors associated depression among diabetic patients", Urmia University of Medical Sciences, 2005
5. "Gender and Diabetes interaction on short Hospitalized outcome among coronary syndrome patients", Urmia University of Medical Sciences, 2007

6. "Quality of life in retired men in Urmia City", Urmia University of Medical Sciences, 2006
7. "Impact of Diabetes on Quality of life among Dialysis patients", Urmia University of Medical Sciences, 2006
8. "Effect on Body mass index (BMI) on maternal and newborn outcome, Urmia University of Medical Sciences,2005
9. "Demographic and clinical presentation of cerebrovascular attack in diabetic and non-diabetic patients", Urmia University of Medical Sciences, 2004
10. "Clinical characteristic and quality of life in diabetic foot patients, Urmia University of Medical Sciences,2009
11. "Prevalence of risk factors on type one diabetic patients", Urmia University of Medical Sciences,2005
12. "Knowledge of mothers in the context neonatal care", Urmia University of Medical Sciences,2003
13. "Risk factors distribution among coronary artery disease patients", Urmia University of Medical Sciences,2007
14. "Clinical characteristics associated with depression among acute coronary syndrome patients", Urmia University of Medical Sciences,2009
15. "Prevalence of sleep apnea among diabetic patients", Urmia University of Medical Sciences,2009
16. "A cross –sectional survey in 1000 diabetic patients: differences in knowledge and its related factors" , Urmia University of Medical Sciences,2009
17. "Clinical and behavioral characteristics related to diabetic foots outcomes" Urmia University of Medical Sciences,2009
- 18.** "Prevalence and related factors of sleep apnoea syndrome in type 2 diabetic patients". Urmia University of Medical Sciences,2009

Advisor:(Medical students 2002-2009)

1. "G6PD deficiency in icteric newborn in Urmia city". Urmia University of Medical Sciences
2. "Etiology of Artrial fibrillation in admitted patients" in Urmia city. Urmia University of Medical Sciences
3. "The assessment of probable relationship between non Hodgkin lymphoma and hepatitis C virus infection". Urmia University of Medical Sciences

4. "Comparison of ECG abnormalities in patients with Ischemic and Hemorrhagic cerebrovascular attack". Urmia University of Medical Sciences
5. "Prevalence of intestinal parasites infection among students in Urmia". Urmia University of Medical Sciences
6. "Impact of body mass index on angiographic severity among coronary artery patients". Urmia University of Medical Sciences
7. "Prevalence of hyperhomocysteinemia and its relation with other coronary disease risk factors among coronary artery patients". Urmia University of Medical Sciences
8. "Risk factors of cataract among admitted patients". Urmia University of Medical Sciences
9. "Prevalence of over weight and obesity in middle school girls". Urmia University of Medical Sciences
10. "Pathologic findings among sudden death patients". Urmia University of Medical Sciences
11. "Evaluation of QRS duration and in-hospital mortality in patients with acute myocardial infarction". Urmia University of Medical Sciences
12. "Outcome of upper gastrointestinal bleeding with using Pockall risk scoring system". Urmia University of Medical Sciences
13. "Risk factors of chronic renal failure in admitted patients". Urmia University of Medical Sciences
14. "Epidemiological and clinical characteristics of colorectal cancer". Urmia University of Medical Sciences
15. "Circadian and day of week variation of acute coronary syndrome". Urmia University of Medical Sciences
16. "Risk factors associated with angiographic findings in coronary syndrome patients". Urmia University of Medical Sciences
17. H- pylori seroprevalence in diabetic patients
18. prognostic factors in smokers and non smokers coronary artery disease patients

Advisor:(Resident 2002-2009)

1. "Comparison of effects of IVIG –phototherapy with phototherapy on indirect bilirubin among hemolytic newborns". Urmia University of Medical Sciences
2. "Prevalence of gastro-intestinal symptoms and its relation with control of diabetes and diabetic complications". Urmia University of Medical Sciences
3. "Comparison of effect of flochonazol and vaginal cholotrymazol on vulvovaginitis". Urmia University of Medical Sciences

4. "Comparision study of rectovaginal and urine positive culture.rate for GBS in PROM pregnant and control group women". Urmia University of Medical Sciences
- 5- Sero-prevalence of human herpes -8 in renal transplants
- 6- Evaluation of relation between long term combined OCP use and cervical lesions
- 7- Weekly interamuscular methotrexate for treatment low risk gestational trophoblastic disease
8. Differentiation of keratoacantoma from squamos cell carcinoma by nucleolar organize region staining
9. Diagnostic value of intra operative aspiration cytology in diagnosis of ovarian tumor

5. Language Skills

1. Persian - Native
2. English - Reading, writing, speaking, and comprehension
3. Turkey (Azary). Comprehension

6. Computer Skill

1. Proficient in Microsoft Office.
2. Advanced search in Internet.
3. Proficient in using Software and Programming with SPSS and STATA. (For windows)
4. Proficient in using Software and programing with Endnote and Reference software.
5. Little experience in Web Designing.

7. Congress & Conferences

1. " Pattern of complementary and alternative medicine use in urban population in Iran" (International world conference, United State of America, 2008)
Zahra Yekta, Ahmadreza Zamani, Morteza Mehdizade
Oral presentation

2. "Burden and cost of diabetes mellitus in admitted patients in Urmia". (World congress on prevention of diabetes and its complications, Helsinki, Finland, 2008)

Zahra Yekta, Reza Pourali, Keivan pajoh

Poster presentation

3. "Epidemiology, risk factors and clinical characteristics of type 1 diabetes among hospitalized children". (*Controversies in Obesity, Diabetes and Hypertension, Berlin, Germany, 2006*)

Zahra Yekta, Reza Pourali,

Poster presentation

4. "A comparative study of health related quality of life and clinical characteristics in diabetic and non-diabetic hemodialysis patients". (*Controversies in Obesity, Diabetes and Hypertension Berlin, Germany, 2006*)

Zahra Yekta, Pedram Ahmadpour, Reza Pourali,

Poster presentation

5. "Sero-prevalence of human herpes -8 in renal transplants". (*Congress of European renal association Glasgow, United Kingdom 2006*)

Pedram Ahmadpour, Ali ghafarimoghadam, khadije Makhdomi, Zahra Yekta

Poster presentation

6. "Comparative study of fluconazol and clotrimazol for the treatment of vulvovaginal candidiasis". (*The 1st Beijing International conference on Obstetric and Gynecology china 2005*)

Fateme Bahadori, Atefe Namaki, Kambiz Diba, Zahra Yekta

Poster presentation

7. "Evaluation of relation between long term combined OCP use and cervical lesions". (World congress of Gynecology and obstetrics, *Kuala Lumpur, Malaysia 2005*)

Amir abi, farzane Bromand, Zahra yekta

Poster presentation

8. "Impact of educational programs on advancement of continuous ambulatory peritoneal dialysis". (*Scotland 2004*)

Ali ghafari, Pedram Ahmad pour, Khadije Makhdomi, Zahra Yekta

Poster presentation

9. "A comparative study of gender differences in outcome of acute myocardial infarction". (*Asian pacific congress of cardiology Singapour-2004*)

Zahra Yekta, Ali Rostamzade, kamal Khademvatan

Poster Presentation

10. "Circadian and day of week variation of acute myocardial infarction onset". (*Asian pacific congress Singapour-2004*)

Zahra Yekta, Ali Rostamzade, kamal Khademvatan

Poster presentation

11. "The assessment of epidemiological and clinical characteristics of colorectal cancer. (*The 3rd Regional conference of Asian Pacific Organization for Cancer Prevention Iran -2004*)

Zahra Yekta, Ali Mahmoodloo, farahnaz nooroznia

Oral presentation

8. Publication

English Publication:

1. "Behavioral and clinical factors associated to depression among diabetic patients". (*Eastern Mediterranean Health Journal 2009*)

Zahra Yekta, Reza Pourali, Roya yavari

2."Immune response to measles vaccine after mass vaccination campaign". (*Eastern Mediterranean Health Journal, 2008*)

Zahra Yekta, Reza Pourali, Shaker Salari, Sharam shahabi, Reza Taravati, Fahime Khalili

3. "Predicting factors in iron supplement intake among pregnant women in urban care setting" (*Journal research of health sciences 2007*)

Zahra Yekta, Reza Pourali, Hale Ayatollahi

4. "Measles IgG sero-prevalence and its attributable factors in 5-25 year-old cases". (*Red Crescent Journal, 2006*)

Zahra Yekta, Reza Pourali, Reza Taravati , Shaker Salari, Sharam shahabi, , Fahime Khalili

5. Pattern of complementary and alternative medicine use in urban population in Iran (*Journal research of health sciences 2006*)

Zahra Yekta, Ahmad Zamani, Morteza mehdizade

6. "The effect of pre-pregnancy body mass index and gestational weight gain on pregnancy outcomes". (*Biomed central Journal, 2005*)

Zahra yekta, Hale Ayatollahi, Reza Pourali, Azade Farzin

7. Validation of the Thessaly test for detecting meniscal tears in anterior cruciate deficient knees (journal of knee 2009)

Fardin Mirzatoolei, Zahra Yekta, Mojgan Bayazidichi, Solmaz Ershadi, Ahmadreza Afshar

8. -Diagnostic value of sonohysterography in the determination of fallopian tube patency as an initial step of routine infertility assessment(Journal of Ultrasound in Medicine 2009)

Hahishafiha, Zobeiri, Zanjani, Ghasemi rad, Yekta, Mladkova

9. "Clinical course of the Non –operated hand in patients with bilateral idiopathic carpal tunnel syndrome". (*American Journal of hand surgery*2009)

Ahmadreza Afshar, Zahra Yekta , Fardin Mirzatoolei

10. “Subjective improvement of the hands in sequential bilateral carpal tunnel surgery.(J Plast Reconstr Aesthet Surg 2009)

Ahmadreza Afshar, Zahra Yekta

11. "serum prolactin level after febrile seizure versus epileptic seizure in 6 month –old to 5 year old children" (Iran J Med Sci 2009)

Aghayar Macooie, Nader pashapour, Zahra Yekta, Mohammad Karamiyar

12. "Group B streptococcus positive cultures results in pregnant with preterm premature rupture of membranes" (Journal of family and productive health 2009)

Farzane Broomand, Iraj Raji, Zahra Yekta, Atefe Namaki

13. “Comparison of fluconazole and clotrimazol in the treatment of acute albicans vulvovaginitis” (Journal of family and productive health 2009)

Fateme Bahadori, Farzane Broomand, Kambiz Diba, Zahra Yekta, Atefe Namaki

14. "Could zinc supplementation in pregnancy improve infancy outcomes"? (*Shiraz E- medical Journal,2007*)

Farzadegan Z, Mahmoodian A< Giahchin L, Yekta Z

15. “Normal values for random urinary calcium to creatinine ratio in Iranian children” (Iran J Pediatr, 2008)

Ahmad Nikibakhsh, Hashem Mahmoodzade, Zahra Yekta, mohammad taghizade

16. Technetium Tc 99m DMSA renal scintigraphy in diagnosis of UTI in children". (*Urology Journal 2006*)

Ahmad Nikibakhsh, Hashem Mahmoodzade, Zahra Yekta, mohammad taghizade

17."Sero-prevalence of human herpes virus-8 in renal transplant recipients. (*Transplantation Proceedings Journal 2006*)

Ahmadpour, Ilkhanizade, Sharifzadeh, Makhdomi, Ghafari, Nahali, Yekta, Norooznia

18. Evaluation of the synergetic effect of water soluble extracts of Green Tea (*camellia sinensis*) on the Activity of ciprofloxacin in urinary Isolated E.coli (*Journal of Biological Sciences 2006*)

Nima Hosseini Jazani, Davood Omrani, Zahra Yekta, Rahim Negad rahim, Shohre Yavari

Farsi Publication:

1. "Evaluation of diagnostic value of two point discrimination test, combined with other clinical signs as an indication in surgery of carpal tunnel syndrome". (*Medical Journal of Tabriz University of Medical Sciences*)

2. "Evaluation of rehabilitation results on knee osteoarthritis patients". (*The Journal of Urmia University of Medical Sciences*)

3."Evaluation of sex effects on mortality in acute myocardial infarction in Urmia". (*The Journal of Urmia University of Medical Sciences*)

4. "Determining the frequency of poisoning with agents and drugs in hospitalized patients". (*Iran J Leg Med*)

5. "Plasmid profile of pseudomonas aerations and its relation with antibiotic resistance in hospital isolated". (*Journal of Kerman university of Medical Sciences*)

6. "The effect of nandrolone decanoate on lipid profile of hemodialysis patients". (*The Journal of Urmia University of medical Sciences*)

7. "Diagnosis of helicobacter pylori infection by using Eliza for detection of serum IGM, IGg and IGA antibodies". (*Nursing Journal of Urmia University of Medical Sciences*)
8. "The effect of sodium valporate and folic acid om the weight and development of limb BUD in mouse embryo". (*Kurdistan university of Medical Sciences*)
9. "Prevalence of gastro-intestinal symptoms and its relation with control of diabetes and diabetic complications". (*The Journal of Urmia University of Medical Sciences*)
10. "Evaluation of relation between long term combined OCP use and cervical lesions". (World congress of Gynecology and obstetrics). (*The Journal of Urmia University of medical Sciences*)
11. Evaluation of the prognostic value Chlamydia trachomatis antibody testing , Hystrosalpangography and laparoscopy in predicting tubal factor infertility.

9. Ongoing Project

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10. Finished Project

1. Effect of zinc supplementation on lipid profile and quality of life among diabetic patients
2. Comparing daily versus intermittent iron supplementation effects during pregnancy on pregnancy outcomes
3. Immune response to measles vaccine after mass vaccination campaign.
4. Measles IgG sero-prevalence and its attributable factors in 5-25 year-old cases
5. Comparison of biological parameters among prisoners women
6. Sceeining of breast cancer among women in west Azarbijan ; using clinical exam and mammography